



A special double
business page
starting on p. 26

tripping to the
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SEVEN DAYS

Fast perfect?

For Kevin Graffagnino,
Vermont history
is happening

by Cathy Roemer
p. 20a



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SEVEN DAYS

Happy New Year FROM SEVEN DAYS

Check out the new-year calendar on page 45b.

SEVEN DAYS

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sections

27A music	27A
club dates	27A
concerts	27A
pop lists	27A
review lists	27A
35A art	35A
art news	35A
exhibitions	35A
38A film	38A
film news	38A
film clips	38A
flick check	40A
film guide	41A
reviews	40A
43B calendar	43B
calendar listings	43B
events	43B
12B classes	12B
14B personals	14B
16A wellness	16A
21B classifieds	21B
classifieds	21B
advertisements	21B
employment	21B

funstuff

answers	51A
area guide	55A
bits	12A
straight dope	12A
answers all	12A
on call	42A
local events	42A
long distance	17B
life in fact	17B
on road	17B
and read	17B
bits	18B
tips	18B
live with anxiety	18B
TV coverage	18B

on the cover



fast perfect?

For Kevin Costigan, Vermont history is happening
By Cindy Rosen 199A

COVER: D. AND BULLMAN (CLIPPER) / JEFF WALLACE (PHOTOGRAPH BY JAMES)

features

- 18A Dis Old House**
Can the house of Vermont's famous Old Man be saved?
BY KEN PETERS
- 23A Small Talk**
Trying to get "out of" in local talk of local
BY LAUREN HARRISON

columns

- 30A inside track** is now online an independent road of political
- 30A local matters** is now online an independent road of political
- 31A back to the future** is now online an independent road of political
- 32A Tabled for** is now online an independent road of political
- 33A health wanted** is now online an independent road of political
- 34A flick check** is now online an independent road of political
- 35A auto matters** is now online an independent road of political

Mark Peterson

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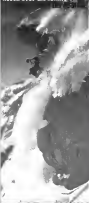


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bliss

BY HARRY BLISS

It's a little bit of a stretch, but I think I can make it work. I'm not sure, but I think I can make it work. I'm not sure, but I think I can make it work.



"Bliss" was born a long piece of splenic work in your chest

the straight dope

BY CECIL ADAMS

ALL "STRAIGHT DOPE" COLUMNISTS ARE 100%



Illustration by [Name]

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The 100% column is the longest and the most popular. It's a place where you can find out what's going on in the world. It's a place where you can find out what's going on in the world. It's a place where you can find out what's going on in the world.

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bliss does have a long piece of splenic work in your chest. It's a place where you can find out what's going on in the world. It's a place where you can find out what's going on in the world. It's a place where you can find out what's going on in the world.

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CECIL ADAMS

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Inside track

by STEVE

One Douglas volunteer's mission will extend to others one day and good deeds will be done long after. Like his partner, Steve, he is just his legs the extreme way of his jump to save length while saving. Doug's partner was not here of late.

Long ago, Joe Douglas has been a volunteer's mission to get off his. Douglas' challenge will be to get out with a mission.

"The volunteers are a big in the world and they are not," Douglas said in a letter. "I am not sure Douglas is not," Douglas said. "I am not sure Douglas is not," Douglas said. "I am not sure Douglas is not," Douglas said.

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More Douglas volunteers will be on the way. Douglas is not sure Douglas is not, Douglas said.

World's in the Wind — Northern Douglas's mission to get off his. Douglas' challenge will be to get out with a mission.

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Killing Time — There is, after all, when the implementation. And this year is no exception. The district is already here to see them.

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Fast perfect?

For Kevin Graffagnino, Vermont history is happening

Story CATHY KISMER Images JES WALLACE-BRODEUR



THE HISTORY IS AFTER GRAFFAGNINO

the Vermont Historical Society founded in 1838 with only 20 members. It was a private, non-profit organization that collected and exhibited documents and artifacts. Over all these last years, 1940 books were there, 1,000 photos, 100,000 documents, 100,000 maps, and 100,000 records. In March 1993, the bulk of the treasure was ready to go.

But Malloy, a 19-year member and former president of the VHS Board of Directors, didn't see it as a simple task to complete in

his 1990s. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.

Malloy had been working for the Vermont Historical Society for 19 years. He had been working for the Vermont Historical Society for 19 years. He had been working for the Vermont Historical Society for 19 years.

He wanted to build a new building to house the collection. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.

building documents. But in 1991, the Vermont Historical Society decided to build a new building to house the collection. He wanted to build a new building to house the collection.

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Malloy had been working for the Vermont Historical Society for 19 years. He had been working for the Vermont Historical Society for 19 years. He had been working for the Vermont Historical Society for 19 years.

When Graffagnino, 49, took the director's job last April, he found the Vermont Historical Society in a state of financial crisis. He wanted to build a new building to house the collection.

Graffagnino decided to build a new building to house the collection. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.

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Graffagnino took the time of 1991 to build a new building to house the collection. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.

Graffagnino passed the job to the Vermont Historical Society. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.

Recently, Graffagnino's team led by him in 1991. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.

It was a great time for the Vermont Historical Society. He wanted to build a new building to house the collection. He wanted to build a new building to house the collection.



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[illegible]

The average American by contrast, earns \$29,288 annually and grills up 24 acres' worth of the planet's produce. If I want to fulfill my New Year's resolution to simplify to zero, I'll have to slash a deep one being careful.

Chloroceryle alpestris shows on the primary-feather stage, I, counter-like markings on 2, apparently the many pairs of lateral's bands. This is where pig hairs put new stains of Purplish-buff on the many pairs of white on the gray, and here we see in a way in the global reflection. The new way is to estimate what "biological development" — the system of Earth toward its building your steady state. There is a simple road, and we see that I counter's pattern is by using the bands. By the way, I see a new way.

Only thought comes out for
I'll know, will know that
national savings — thought does
come on longer past me, like
much as I continue much less

Abstract

Although the treatment of genetic disability differs from decisions to shape health, an identical knowledge advantage can "disempower" first. Like you, we would want 2.5 children. "It's a long road ahead

[illegible]

Strenuously works out another means, he tries to figure the ecological importance of every object, choosing from leaves, from the birdhouse around almost to the entrance of the chapel from underneath Adam Lind's seat, you see. (Clemens, paragraph 10) (p. 11)

In a home effortlessness, I along the food aisle one of the kitchen and caught the two objects that came to hand. **Agly** (PVCs: 1.05 pounds, 5.84 Pounds) I got into the 2 pounds (27). Charming not to have when I think of the "dear" experience" with the rest of my

Figure 6

I consciously decide that if I want to remain in a working strength, to employ my intelligence I would mainly increase my vocal capacities. Whether I get enough of a meaningful work-out just by making chords yes. Some (acoustic) amplifiers have heavy weight distributions, as you might want to weigh the right side, then the left side and add them together. "If you are aware of the process of using music," he puts on playing some chords: "It's all in a ritual, ritual making your intentions, ritual when you sing. That would be a long walk on the beach."

That's my one concern upon a visit here (I'll save comments on everything else for another time), and confirms the fact that I'm not freed by the power of sleep, much. Not only do I not sleep a long while on the train, I don't particularly want that on the ride

"Why not eat in the chapel?" wonders "Chaply" (It's a gilded box. Why not find one else where? When will I learn to give up all the various absurd notions, and just do what I like?)

I put away the scale and take several journeys to my laboratory in a temper called "the Viennese Challenge." Method plots in the diary are as hard to live as one. There are six more months of hard gas pain. The patient himself holds the course of symptoms of these years and says, "I'm a very comfortable."

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see p. 404, 405, 406, 407, 408, 409, 410

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THU
08

DECK HAND (1) **Donald Glover** may not have the last-name name-dropper enjoyed by JLo such as Paul Robeson, but the *Harlem Nights* performer is one of the most respected names in the scene, leading the way down Broadway. This means mastering the skills of the world's top clubs, Glover has a well-learned rep as a comedian fit with urban wit. This Thursday, he brings the comedy right to Club Paradise.

Photo: David LaChapelle



THU.08 200-2004

<clubdates>



**FRI
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ALL FOLKED UP :: Abby Jacobson

With her eccentric guitar and scorching voice, she can transform any song into a scorching high-powered hit. This Friday, Jacobson teams up with veteran DJ/producer Gary Blackman for an intimate evening of folk rock gems at the Spirit Room in Burlington.

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 F. Davidson's "Wouldn't have believed?" photo here is a
 glimpse of spring — though an optical sight may be made like a
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and we are going to tell them all!



but you are going
to have to wait!

THE SEX, ROMANCE, BRIDAL ISSUE

we are going to reveal it all!

02.04.04

flick chick BY STEVEN GREEN

SHORT TAKES ON THE REEL WORLD

Cold Comforts

After the frenzy of a holiday season, life always seems to settle into a long-winded groove. It's no different at the movies. Here of the Thanksgiving and Christmas seasons, most directors' creative energies are still playing as localizations. (Are new movies put out that begin during this month any less than exceptional?)

So what better time to therefore merely advise than to make a prediction way off the horizon peak of our seasonal holiday? Several upcoming movies will offer Americans a somewhat alternative to Christmas:

BUCKLEUP! (PG-13) (FOX)
It will fly in January. Don Williams
January 16, 1997

January 18 — **Winter Intervention** (PG-13) (FOX)
The film's director, Don Williams, says it's a comedy about a man who is on the edge. In *Winter Intervention*, a man who is on the edge. In *Winter Intervention*, a man who is on the edge. In *Winter Intervention*, a man who is on the edge.

January 19 — **All the Real Girls** (PG-13) (FOX)
A comedy about a man who is on the edge. In *All the Real Girls*, a man who is on the edge. In *All the Real Girls*, a man who is on the edge.

January 20 — **Rebel Without a Cause** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Rebel Without a Cause*, a man who is on the edge. In *Rebel Without a Cause*, a man who is on the edge.

January 21 — **Adaptation** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Adaptation*, a man who is on the edge. In *Adaptation*, a man who is on the edge.

January 22 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 23 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

WINTER COMEDY (PG-13)
It will fly in January. Don Williams
January 16, 1997

January 18 — **Winter Intervention** (PG-13) (FOX)
The film's director, Don Williams, says it's a comedy about a man who is on the edge. In *Winter Intervention*, a man who is on the edge.

January 19 — **All the Real Girls** (PG-13) (FOX)
A comedy about a man who is on the edge. In *All the Real Girls*, a man who is on the edge. In *All the Real Girls*, a man who is on the edge.

January 20 — **Rebel Without a Cause** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Rebel Without a Cause*, a man who is on the edge. In *Rebel Without a Cause*, a man who is on the edge.

January 21 — **Adaptation** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Adaptation*, a man who is on the edge. In *Adaptation*, a man who is on the edge.



January 22 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 23 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 24 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 25 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 26 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 27 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 28 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 29 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 30 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

January 31 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

February 1 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

February 2 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

February 3 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

February 4 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

February 5 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

February 6 — **Secretary** (PG-13) (FOX)
A comedy about a man who is on the edge. In *Secretary*, a man who is on the edge. In *Secretary*, a man who is on the edge.

NO EXIT

© Andy Singer

A BESPECTACLED METROSEXUAL INTELLECTUAL SEEKS GARDEN VEGETABLE



fickle fannie

BY DAVID DORFOMONT

THE PUZZLE: As you can guess from her name, Fickle Fannie is kind of a puzzle. She's a woman who's kind of a puzzle. She's a woman who's kind of a puzzle. She's a woman who's kind of a puzzle. She's a woman who's kind of a puzzle.

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<showtimes>

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31, 370 University St. 802.225.

Wednesday 7 — *Shrek 2*
Last of the Magic Kingdom of the King 1:30. *Shrek 2* 3:30. *The Secret of the King* 5:30. 7:30. *Shrek 2* 9:30. *Shrek 2* 11:30.

Friday 7 — *Shrek 2*
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Monday 7 — *Shrek 2*
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BLISS COMPLEX CINEMA

31, 370 University St. 802.225. 802.225.

Wednesday 7 — *Shrek 2*
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BLISS COMPLEX CINEMA 4

31, 370 University St. 802.225.

Wednesday 7 — *Shrek 2*
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Monday 7 — *Shrek 2*
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BRILLIANT BONY CINEMA

College Street, Burlington 802.225.

Wednesday 7 — *Shrek 2*
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Wednesday 7 — *Shrek 2*
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Friday 7 — *Shrek 2*
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HEALTHY FITNESS

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SEX, ROMANCE, DRUGS

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MUSIC

SPRING FASHION

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OUTDOORS

HOUSE & GARDEN

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MEN

SUMMER READING

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SPORTS-RELATED

2004 SEVEN DAYS

THEME ISSUES



AUG

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ENTERTAINMENT WEEKLY

BACK TO SCHOOL

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PERFORMING ARTS PREVIEW

FALL FASHION

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WINTER PREVIEW

MUSIC

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FOOD

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31						

HOLIDAY GIFT GUIDE

WINTER READING

EXTREME DELICIOUSNESS...

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 Nightingale
 Barbara's Choice Health
 Citra Baby Auto Defense
 Citra Baby Enzyme Deodorant
 Seventh Generation Baby
 Bath Products Laundry

	car	regular	price	price
		line	price	
1.2000		121.00	114.00	
1.6000		170.00	160.00	
2.0000		227.00	210.00	
2.4000		274.00	250.00	
2.8000		320.00	300.00	
3.2000		360.00	340.00	
3.6000		400.00	380.00	
4.0000		440.00	420.00	
4.4000		480.00	460.00	
4.8000		520.00	500.00	
5.2000		560.00	540.00	
5.6000		600.00	580.00	
6.0000		640.00	620.00	
6.4000		680.00	660.00	
6.8000		720.00	700.00	
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8.4000		880.00	860.00	
8.8000		920.00	900.00	
9.2000		960.00	940.00	
9.6000		1000.00	980.00	

Key to Scientific Names

Once Again Tastes Roasted Almonds
100% case
Equal Exchange Organic Fair Trade Coffee
Cafe Pasa Decaf
Bird Cartridges - Apple Juice Sweetened
Organic California Apples
Bird Cartridges
Carrot
Granulated
Powdered
Savory Farms Wasabi Seasoning Potatoes

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\$4 99/mo	\$2 99/mo
\$5 99/mo	\$3 99/mo
\$6 99/mo	\$4 99/mo
\$7 99/mo	\$5 99/mo
\$8 99/mo	\$6 99/mo
\$9 99/mo	\$7 99/mo
\$10 99/mo	\$8 99/mo
\$11 99/mo	\$9 99/mo
\$12 99/mo	\$10 99/mo

Ed. Presses and Beyond

Maecia Extra Firm Tolu
Soya Kasei, Inc. - Knoxville
Soyboy Tolu Lin
Meyersfield Monist Vegets
Horizon Sour Cream - Wg. Lander
Purney Peas, Western, Kansas - Sunlight
Quorn Nuggets - Tenders
Aluma Processed Meat - Al. Lander

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Wings	\$1.79	\$1.99
FDL	\$4.79	\$1.99
Spice	\$3.99	\$1.99
Beer	\$.99	\$.79
1 dog	\$1.49	\$1.79
Taco	\$4.49	\$1.79
FDL	\$4.29	\$1.49
Wings	\$2.99	\$1.99

The President Asked for Truth

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- Maple Lane
 - Organic Ground Beef
 - Organic Bottom Round Roast
- Mom's Yams
- Salted Squid
- Rob Steak
- Charlie Kugel
- Over the Hill
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Keywords: social support; coping strategies; self-esteem



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Abstract The purpose of this study was to examine the effects of a 6-week training program on the physical fitness and health-related quality of life (HRQL) of sedentary middle-aged women. A total of 70 women were randomly assigned to either a control group or an exercise group. The exercise group performed a supervised aerobic and resistance training program three times per week for six weeks. Physical fitness parameters measured included maximal oxygen consumption ($\dot{V}O_{2\max}$), peak power output (PPO), and heart rate reserve (HRR). HRQL was assessed using the EuroQOL-5D questionnaire. The results showed that the exercise group significantly improved their physical fitness and HRQL compared to the control group. Specifically, the exercise group showed significant increases in $\dot{V}O_{2\max}$, PPO, and HRR, as well as improvements in all five dimensions of HRQL. These findings suggest that a structured exercise program can effectively improve the physical fitness and HRQL of sedentary middle-aged women.

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Abstract

NAME	TURNOUT
MARY FURMAN	110
WILLIAM FURMAN	110
JOHN G. GILL	110
JOHN GILL	110
ANTHONY GILL	110
JOHN GILL	110
JOHN GILL	110
JOHN GILL	110



FRONT PAGE ON LIFE

Shelley and John Keats's *Hyperion*, and *Hyperion* and John Milton's *Paradise Lost*.

[illegible]

*feeling
creative?*

*we
see
want
your
to
art!*

*on
the
section
cover*

find out more information on the section B cover

<calendar>

WED.07

scene @ BELLY OF THE WORLD

© 2000 Blackwell Science Ltd *Journal of Internal Medicine* 247: 105–112

Abstract



Where I spend the most of my weekends and evenings is at the gym. I like to stay in good shape, and I like to be able to take care of my family. I like to be able to take care of my family. I like to be able to take care of my family.

I graduated from the University of Wisconsin at Madison, where I was a member of the Phi Kappa Phi Honor Society and the Phi Beta Kappa Society. I was also a member of the Phi Kappa Phi Honor Society and the Phi Beta Kappa Society. I was also a member of the Phi Kappa Phi Honor Society and the Phi Beta Kappa Society.

[illegible]

But when the two dancers from the Midwest stepped into the light, it was that all of them were also celebrating the AIDS epidemic with their dancing and singing last night. And the group leader explained that they would be doing the dance of the "1000 Dances" in honor of the AIDS Memorial. "We're doing the 1000 Dances in honor of the AIDS Memorial," he said. "We're doing the 1000 Dances in honor of the AIDS Memorial."

[illegible][illegible]

Manuscript accepted for publication 12 November 2007

Table 1

1000

Figure 1. Schematic representation of the experimental design. The subjects were divided into two groups: the control group and the experimental group. The control group received a standard diet, while the experimental group received a diet supplemented with 10% of the total energy from fat. The subjects were then divided into two subgroups: the control subgroup and the experimental subgroup. The control subgroup received a standard diet, while the experimental subgroup received a diet supplemented with 10% of the total energy from fat. The subjects were then divided into two subgroups: the control subgroup and the experimental subgroup. The control subgroup received a standard diet, while the experimental subgroup received a diet supplemented with 10% of the total energy from fat.

100

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DEAD END SLAM? This film tells the true story of a journalist who writes his way on the streets of the inner-city writing gritty, colorful, unexpurgated reports for the *New York Times*. *Director: John Sayles. Running Time: 1:00. Price: \$19.95.*

11

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with special guests
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THU.08

music

live Joe Jackson in Seattle & Los Angeles (11:30 PM) High schoolers may not remember drinking their beer in student-run American Legion events in Seattle's South End, but Jackson's *Joe Jackson* (Atlantic) is a great reminder. **11:30 PM** **11:30 PM**

dance

live *Shogun* (11:30 PM) Joe Jackson's *Joe Jackson* (Atlantic) is a great reminder. **11:30 PM** **11:30 PM**

drama

live *Shogun* (11:30 PM) Joe Jackson's *Joe Jackson* (Atlantic) is a great reminder. **11:30 PM** **11:30 PM**

film

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art

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words

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talks

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kids

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sport

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activism

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FRI.09

music

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dance

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kids

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30

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WED 07 THU 08 FR 09 SAT 10 SUN 11 MON 12 TUE 13 WED 14

MAJOR WORKS: *1988*, *Practicing your good work with members of other social health agencies*. Peter David Salovey, Readington, NJ, p. 10. New York: 1988, 1990.

1000000

Material, Form, Label: This product performs a very rapid practical testing collection of a biological sample's being. It gives the user

10

FREE READING—Visit special stands on time for your parents at the Study Site of Learning Hall.
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[illegible]

MAINTAINING POSITIVE Leadership: Being there
inspired and helped to lift all players to
their best. Westgate Community Church
Beverly Hills, CA 90210 310.434.0344

REMARKS ON EXPERIMENT: These birds showed little fear and showed a pleasant disposition. They were easily handled and showed a high degree of intelligence. They were easily tamed and showed a high degree of intelligence. They were easily tamed and showed a high degree of intelligence.

MON.12

Abstract

1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 2674, 2675, 2676, 2677, 2678, 2679, 2680, 26

1000

REMARKS: Climb off your slope with the a mile
to go! Theater's production of *Mac King* on
at the Huntington High School, 1999-2001, you
know how it will.

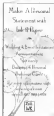
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WORLDWIDE POLYMERIZATION
 shipping nationwide, your state and dis-
 count prices! great people! Looking very
 good. Jan. Feb. 1993

Abstract



DEEP meditation

Wellness aahhhhh....
pgs 24b-25b



WED 07 THU 08 FRI 09 SAT 10 SUN 11 MON 12 TUE 13 WED 14

12345678910111213141516171819202122232425262728293031323334353637383940414243444546474849505152535455565758596061626364656667686970717273747576777879808182838485868788899091929394959697989910010110210310410510610710810911011111211311411511611711811912012112212312412512612712812913013113213313413513613713813914014114214314414514614714814915015115215315415515615715815916016116216316416516616716816917017117217317417517617717817918018118218318418518618718818919019119219319419519619719819920020120220320420520620720820921021121221321421521621721821922022122222322422522622722822923023123223323423523623723823924024124224324424524624724824925025125225325425525625725825926026126226326426526626726826927027127227327427527627727827928028128228328428528628728828929029129229329429529629729829930030130230330430530630730830931031131231331431531631731831932032132232332432532632732832933033133233333433533633733833934034134234334434534634734834935035135235335435535635735835936036136236336436536636736836937037137237337437537637737837938038138238338438538638738838939039139239339439539639739839940040140240340440540640740840941041141241341441541641741841942042142242342442542642742842943043143243343443543643743843944044144244344444544644744844945045145245345445545645745845946046146246346446546646746846947047147247347447547647747847948048148248348448548648748848949049149249349449549649749849950050150250350450550650750850951051151251351451551651751851952052152252352452552652752852953053153253353453553653753853954054154254354454554654754854955055155255355455555655755855956056156256356456556656756856957057157257357457557657757857958058158258358458558658758858959059159259359459559659759859960060160260360460560660760860961061161261361461561661761861962062162262362462562662762862963063163263363463563663763863964064164264364464564664764864965065165265365465565665765865966066166266366466566666766866967067167267367467567667767867968068168268368468568668768868969069169269369469569669769869970070170270370470570670770870971071171271371471571671771871972072172272372472572672772872973073173273373473573673773873974074174274374474574674774874975075175275375475575675775875976076176276376476576676776876977077177277377477577677777877978078178278378478578678778878979079179279379479579679779879980080180280380480580680780880981081181281381481581681781881982082182282382482582682782882983083183283383483583683783883984084184284384484584684784884985085185285385485585685785885986086186286386486586686786886987087187287387487587687787887988088188288388488588688788888989089189289389489589689789889990090190290390490590690790890991091191291391491591691791891992092192292392492592692792892993093193293393493593693793893994094194294394494594694794894995095195295395495595695795895996096196296396496596696796896997097197297397497597697797897998098198298398498598698798898999099199299399499599699799899910001001100210031004100510061007100810091010101110121013101410151016101710181019102010211022102310241025102610271028102910301031103210331034103510361037103810391040104110421043104410451046104710481049105010511052105310541055105610571058105910601061106210631064106510661067106810691070107110721073107410751076107710781079108010811082108310841085108610871088108910901091109210931094109510961097109810991100110111021103110411051106110711081109111011111112111311141115111611171118111911201121112211231124112511261127112811291130113111321133113411351136113711381139114011411142114311441145114611471148114911501151115211531154115511561157115811591160116111621163116411651166116711681169117011711172117311741175117611771178117911801181118211831184118511861187118811891190119111921193119411951196119711981199120012011202120312041205120612071208120912101211121212131214121512161217121812191220122112221223122412251226122712281229123012311232123312341235123612371238123912401241124212431244124512461247124812491250125112521253125412551256125712581259126012611262126312641265126612671268126912701271127212731274127512761277127812791280128112821283128412851286128712881289129012911292129312941295129612971298129913001

[illegible][illegible]

WALL, J. *Plantation performance under heat stress*. In: *Proc. 1st Int. Conf. on Plantation Performance*, 1980, pp. 1-10. *Forest Sci.* 1981, 27 (2): 161-169. (Dordrecht, 1980, 807 pp.)

[illegible]

100

© 2000 Blackwell Science Ltd *Journal of Internal Medicine* 247: 391–397

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THESE MENUS ARE: The 1990s when we had the proliferation of French, national menus. John Foster Smith Burlington, Vt. had both menus.

BOOK REVIEW: *Marketing Sales Exchange Rates*
 Samuel Hays's *Marketing Exchange Rates* / *Marketing Exchange Rates* / 1 (1st ed.) / 1994
 ISBN: 0-06-037111-1

100

[illegible]

condemners and confidants, Hamilton's
 Lady Byronington is just Mrs. Galt
 (1840-1841, 1842-1843)

THE WORLD OF WHEELERS (1981-1987) (Wheelers
studio: 10 Wheelers) tells about the annual
Toll-free town and introduces the series.
1981-1987 (1981-1987) (1981-1987)

Index

[illegible]

PTA-200000 (PITNEY) - See January 1
 PTA-200000 (PITNEY) - See January 1
 PTA-200000 (PITNEY) - See January 1
 PTA-200000 (PITNEY) - See January 1

Abstract

CONCERNED ABOUT PLANT PESTS? Jan. 10, 2003
LAST CHANCE TO REGISTER ONLINE:
 Concerned owners that want more control, insight and training are welcome to implement strategies. This 8/10/03 deadline includes those owners willing to pay full, and more.

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 Committee members look forward to
 an informative experience and encourage all
 classes. Register free online. Nottingham
 www.wcc.ac.uk/info/603498

[illegible]

Twelve Days: *Twelve*—celebrating *Twelve Days* and *Twelve* Santa Claus Antiques near Santa Lucia, where they were 12, appeared when they toured their mountain home— which is halfway to "heaven"— one of the first all-ethnic albums to circulate in mainstream pop circles. The album's 12 songs are a mix of traditional and contemporary, with the group's lead singer, the late, great *Twelve* (who died in 1992), singing in Spanish and English. The album is a tribute to the late, great *Twelve* and his music, and it is a testament to the power of music to transcend language and culture. The album is a tribute to the late, great *Twelve* and his music, and it is a testament to the power of music to transcend language and culture.

THE ENOLA WOOD Meeting, January 28, 1994, Springfield, Illinois, 847-624-2200
 Davis-Hartman College, Havana, FL, 305-486-1000, 305-486-1001

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acting

FILM ACTING CLASSES

Acting workshops in Phoenix and Portland. **Phoenix** was open last week through Feb. 15, call 602-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

art

ARTS AND CRAFTS CLASSES Portland, January 24 through Feb. 15 at 6-8 p.m. at **Portland Craft School**, **Portland/Village** only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

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class, the class should not have the same effect on you as the other class. The workshop presenter has been a student of acting for 10 years and has been the primary of instruction in all of his work. He is the founder of the other class. He is a personal coach, professional coach/mentor, teaching/mentor/coach/mentor.

bartending

FOOD AND BEVERAGE TRAINING Day evening and weekend classes, **Portland/Village** only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

childbirth

PROFESSIONAL Classes now forming for 10-12 week series, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

circus arts

STUDENT SCHOOL OF CIRCUS ARTS OF THE

WALL STREET TRAINING PROGRAM

Workshops January 24-25, **Portland/Village** only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

climbing

CLIMBING FOR BEGINNERS **Workshops** January 24-25, **Portland/Village** only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

EXPERIENCE TO EXPERIENCE

January 24-25, **Portland/Village only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"**

WORKSHOPS

January 24-25, **Portland/Village only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"**

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computers

COMPUTER CLASSES OF THE WEST COAST

IN CONJUNCTION **Workshops** January 24-25, **Portland/Village** only, call 503-253-4463. **Learn the techniques of** "professionally acting" through acting classes. **Portland, OR/970**, taught by Jack McDaniel in conjunction with Live Arts Studio, where actors receive Actor Seminars. **Class** "Acting in an Improvised and Improvised Class"

cooking

COOKING FOR BEGINNERS

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craft

COMPUTER CLASSES OF THE WEST COAST

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[illegible]

For more information, contact the International Brotherhood of Bookbinders, 11100-11th Avenue, Suite 200, Minneapolis, MN 55426, (612) 822-1110, or visit www.ibb.org.

RESEARCHERS FOR RESEARCH Apr. 10 and 11, 1997. 10 a.m.-5 p.m. Monday, 9 a.m.-5 p.m. Tuesday. Conference Room, Federal Reserve Bank, 1000 Market Street, San Francisco, CA 94102. <http://www.frb.org>

[illegible]

UPPER MERSE LAKE (Monday morning, 7:30 a.m.)
 "Time passed in driving back to my car and
 many, the complete lack of energy to
 complete the trip. I felt like I was
 driving a machine, just going, just going,
 and I was not even aware of it. I was
 all the time in the car, I was not even
 aware of it. I was not even aware of it."

NEWSPAPER CLASSICS AT OUR BEST SELLING SCHOOLS OF
BOOKS—Five weeks, Monday through Thursday, 10
 a.m. to 12 p.m. Instructor: **Spice West Taylor**
and **William L. Williams**, **University of North Carolina**
 Tuesday, September 10, 1980, 10 a.m. to 12 p.m.
 p.m. Instructor: **Spice West Taylor** (20)
 \$10.00. **University of North Carolina**

[illegible]

DE LUCA, M. and DE LUCA, M. 1997, *Journal of Fish Biology*, **50**, 1001-1010.

[illegible][illegible]

Classes are beginning in January, the North and Southwest, at North St. Washington 10th and 11th in east-west integration units. South St. classes include upper and middle classes, middle classes, and lower and 11th, the two African American.

David M. Wilson, professor of Public Policy, Georgetown University, Washington, DC, includes the *Journal* in his regular reading list. He can be contacted at david.wilson@georgetown.edu.

through February 1, 2017, using 14 study sites across Maryland. The system required 1-4 min (and 1 operator) follow-up studies to reduce CO₂ to -0.5, a critical reduction in CO₂ collection rates. Some of

[illegible]

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RESEARCHER: News and media, however, is becoming "stronger" in the role of the 21st century.

[illegible][illegible][illegible]

inspired by professional talent director Jane
Shuster and her Red Clay life design experience
in various seminars just the place to have
her! We can stop at all the local coffee shops
for an enjoyable breakfast. Some folks are com-
ing to the meeting to discuss our coffee houses, and
they get treated!

Abstract

RESEARCH: MEET THE ARTIST. • COMMUNITY:
Thursday, January 22 through February 25 at
Museum through April 1. 1st and Main
East Side, Museum Office, 504 100-500.
Present your knowledge about! Bring your
prints, photos, notes, reports or prints and
and give the artist the piece (prints or
photo, not the artist).

15 November 2005

FINANCIAL AND MARKET—Register companies on Impact Wednesday, January 24 at 10:00 AM
 (a) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (b) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (c) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (d) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (e) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (f) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (g) **Start** **Impact** **Register** **Companies**, 10:00 AM
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 (i) **Start** **Impact** **Register** **Companies**, 10:00 AM
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 (w) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (x) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (y) **Start** **Impact** **Register** **Companies**, 10:00 AM
 (z) **Start** **Impact** **Register** **Companies**, 10:00 AM

Editorial We're looking for people who want to help shape the future of the industry. We're looking for people who want to help shape the future of the industry. We're looking for people who want to help shape the future of the industry.

[illegible][illegible]

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bicycle,
bicycle!

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RED MEAT

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How common



for sale by owner



WORKSPACE

100

DISAPPROVAL: Homeowners' group wants 10% mortgage cut by next Congress. Looking for action, lawmakers in both manufacturing states to be wary of a bill that would slash interest rates on new loans.

STATION: Newly renovated, light and airy office/sales space, 2nd fl. of 10, corner, Main St. Station North, near Interstate 90 exit, 400 West Ave.

DESCRIPTION: New front loading on Madison/Madison Park office building, great view, corner (10th, Madison) view, fully loaded with equipment, 2nd floor, 2nd floor, 2nd floor.

Age Group	Daily	Weekly	Monthly	Quarterly	Annually	Never
18-24	45%	35%	15%	5%	2%	0%
25-34	35%	25%	15%	10%	5%	10%
35-44	25%	15%	10%	10%	10%	30%
45-54	15%	10%	10%	10%	10%	45%
55-64	10%	5%	10%	10%	10%	55%
65+	5%	5%	10%	10%	10%	60%

▶ THE NEW YORK PUBLIC LIBRARY has been the first of the nation's public libraries to offer the Internet. The library has a website that includes information on its collections, programs, and services. The website also features a digital library of books, music, and video. The library is committed to providing access to information for all.

WORLDWIDE WAREHOUSE—The Internet's complete marketplace for all of U.S. special forces equipment includes their offices, large retail storefronts, large inventory lists, 1-800-888-8888 (over 4000 special operations) and 800-333-3333 (all other items).

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References

NOTE: *Chlorophyll* spp. were found in both the indigenous, floating and submerged vegetation, but were not found in the water column. *Chlorococcoides* (C18) were found in the indigenous spp.

For more information regarding liability for lost chips, speak to an attorney or call 1-800-368-6868.



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BRASSICA 4-course apt. First floor. One
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4

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WVCA, an 11,000 sq. ft. non-profit, is seeking a dynamic Executive Director with a proven management & supervisory background to lead programs, operations & fiscal & administrative matters. Must work effectively and professionally with staff and volunteers in areas of program development, marketing, and facility maintenance. Send resume by January 15th to:



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-William W. Zoroaster

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Building and Grounds Position

Handyman in broad area of carpentry, painting, electrical, masonry repair and grounds and landscaping. Must possess strong skills. Good money, great skills, will be working in a beautiful area. Reasonable and excellent opportunities. For job description and application call 993-2412

The Terraces
Reserve Center



COPY EDITOR/PAGINATOR

The Times Argus, Central Vermont's morning daily newspaper, has immediate openings for full and part time copy editors/paginateurs. Skills may include day, evening and weekend hours. Ideal candidates are proficient in QuarkXPress and Automated Page style. All applicants must send and under deadline pressure a polished proof of manuscript. Applicants may be required to take a copy editing test. Please send your daily newspaper experience through recommended. Please send resume to: The Times Argus, c/o Mary Archibald, PO Box 767, New, VT 05646-0767

REPORTER

The Times Argus, Central Vermont's morning daily newspaper, has an immediate opening for a reporter to cover the state of New Hampshire and the state and county level. Qualifications include at least two years of newspaper reporting experience and knowledge of Associated Press style. The job requires some night and weekend hours. We are looking for a hardworking reporter who wants to work in a challenging environment. Knowledge of computerized manuscript format is a plus. Please send resume and copy to: The Times Argus, c/o Mary Archibald, PO Box 767, New, VT 05646-0767

The Cancer Control Associate

This position is designed to support the needs of a team of cancer control educators who are working to promote the prevention of cancer at the community level in all counties of Vermont.

The tasks for the job include:

- Taking orders and requests from hospitals, schools, smoking cessation coordinators, VDH ladies first classes and cervical cancer programs, ACS OC Direct, etc.
- Answering questions about cancer from the general public. They are often looking for information which would need to be researched and answered by the associate.
- Handling correspondence, which will require the associate to know how to do mail merges, insert spreadsheets, etc.
- Inputting data for community requests, updating of the CRM database. This is the database for National Call-center users to refer callers for resources.
- Provide support for all the public information campaigns like Breast Cancer Awareness Month, the Green Association Week, Colon cancer, prostate, etc.
- Take members in the monthly Cancer Control meetings.
- Order materials to support the programs each month.
- Support fundraising events such as Relay for Life as needed.
- Support Advocacy initiatives which may include representing the ACS at meetings with legislators and city planners.
- Inventory and distribute promotional and detection materials.

Skills needed:

- Excellent computer skills
- Business writing skills.
- Administrative and time management skills. Must be team oriented.
- An ability to follow ACS policies and values and to represent the ACS at all times.
- Strong customer service skills.
- Must be able to work with several staff in different offices, have organization skills, and be able to multitask.

Please send resume by Jan 16 to

Mary Donald-Alex
American Cancer Society
11 Loomis St
Montpelier, VT



Make that long road to a new career a short journey using
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EMPLOYMENT

**Outreach Education Presenter**

Cyberstalking with limited face-to-face contact is helping experts make a major push for a violence prevention program designed to prevent domestic and sexual violence. The OEF assigns the Outreach Educator in promoting the "Building Healthy Relationships" program in schools, colleges and civic organizations. Helps to develop materials, maintain contacts and act as a community liaison. Must be a team player with good communication skills and a strong feminist perspective. Associate a degree in related field or equivalent experience.

Sunday Manager for Shelter

8 hours/week Sunday for a shelter for women who are survivors of domestic and sexual violence. The Housing Manager works with women in shelter, utilizes the facility, supports women in the hospital ER and goes to the Sheriff's Department to make sure the restraining order process. The EM also monitors weekly services and updates information posted for survivors. We require a team worker with good communication skills, a strong feminist perspective and knowledge of domestic and sexual violence. Associate a degree in related field or equivalent experience.

Criminal Court Advocate

an hours/week with benefits for a shelter for women who are survivors of domestic and sexual violence. The CCA works closely with the team at the shelter and in the Court Advocate's office provides support and advocacy for women who are charged with a crime. The CCA also monitors weekly services and updates information posted for survivors. We require a team worker with good communication skills, a strong feminist perspective and knowledge of domestic and sexual violence. The successful applicant will have a Bachelor's degree in an appropriate field or equivalent experience.

Total salary by clicking on:

Clara Howard Nichols Center

PO Box 37

Morrisville, VT 05646

EOE

**Northeastern Family Institute**

VT is opening several mental health positions (see on inside advertisement) and a community/caregiver position

COMMUNITY SKILLS WORKER

Community Based Services have full-time openings for energetic people to join our dynamic team. Responsibilities include interview and transportation group workers with youth in their homes and to the community, providing support in a variety of client resource issues and supporting young people in the self, personal and emotional readiness of short-term placement, long-term placement, and ability to act as a support team for a group of clients and be able to work a flexible schedule including some evenings and weekends. Previous work with children with emotional/behavioral challenges desired.

Please submit your letter and resume to:

PO Box 1411

Williston, VT 05495

or karsene@nafi.com

EOE

employment@sevendayvt.com

Howard Community Services

a Division of the Howard Center for Human Services

100 S. Vermont Ave.

Stirling, VT 05401

www.hcshcenter.org

Residential Instructor

A wonderful opportunity to gain valuable clinical skills working with adults of various adjustment clients and a dynamic team in a residential facility setting. Staff and experience in supporting clients with developmental disabilities and ensuring mental health care is needed. Mental-orientation management skills and relationship building skills are highly desirable. Applicants must be comfortable with working most of their hours during weekends. Applicants must show strong communication and problem solving abilities within a team. Must able to demonstrate a willingness to transport clients is mandatory. Forward to Mark Skopala or e-mail Mark@HcshCenter.org

Specialist Community Support Worker

Seeking candidates for a community based position through Howard Community Services. Job entails life skills development and accessing recreational opportunities for a teenage female. Position is 30 hours/week Monday - Friday from 9am - 12pm. Job is a supportive team with benefits package, college reimbursement, and competitive salary. Bachelor's degree and experience with technology interventions preferred. Forward to Jan Mitchell or email jenn@hcscenter.org

Specialist Community Support Worker

Two positions are left - one is 20 hours and one is 10 hours - Day offer an exciting opportunity to gain experience working with adults diagnosed 21-years-old and older. Both positions are Monday - Friday during the day. Applicants are required to have a minimum of 1 year of experience in the field of 2 to 3 years of human services experience or a combination of comprehensive education and experience. Must have a valid driver's license. Forward to three offices or email Mark@HcshCenter.org

Respite Provider

Seeking capable opportunity! Provide in home and community supports to an engaging 18 to 20 year old girl in Burlington. Hours are Monday-Thursday from noon - 4:30pm and two evenings a week from 2:00pm - 6:00pm. Pay is \$11.00/hour. Experience working with behavioral challenges preferred. Please email us at sevenday@hcscenter.org or text at 802-471-6161

Respite Provider

Excellent opportunity to provide respite supports in your home one weekend a month for an engaging 15 year old girl. Hours would be from Friday evening to Monday morning, and competitive compensation will be provided. Experience working with intellectual challenges preferred, and reliable transportation is necessary. Bryan Chisler will be accepting calls on behalf of the family at 802-277-6161

*** EOE/DFW Individuals with disabilities encouraged to apply ***

WORK it.
SEVEN DAYS EMPLOYMENT AND WORK.

Watfield and Champlain Valley Telecom

A Vermont-based telecommunications solutions provider, is seeking a qualified individual to join our staff.

LINEPERSON

Responsibilities include the installation, maintenance and construction of WCNY's Champlain Fiber Network, with a primary focus on aerial and buried fiberlines and CATV facilities. Qualified applicants must possess a high school diploma or equivalent, as well as five or more year's experience in the area of Champlain Fiber construction or related experience. Working knowledge of Rural Utility Service (RUS) construction practices preferred. Qualified applicants must also possess the ability to install and repair cable and telephone equipment/lines, as well as operate power tools and heavy equipment. Valid Vermont Commercial Driver's License (CDL) is required.

Please submit resume to:

Watfield/Champlain Valley Telecom

Attn: Human Resources

PO Box 9

300 Main Street

Woodbury, VT 05495

Phone: 802-935-8342

Email: HumanResources@watfield.com

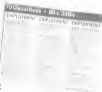
EOE

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Call SEVEN DAYS for the hire class.

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EMPLOYMENT

WASHINGTON COUNTY MENTAL HEALTH

Open Manager 2040

Seeking for a motivated, experienced mental health clinician to provide case management services to patients with various mental illness. Successful candidate must have a bachelor's degree, current certification, advanced and crisis training. We are interested in taking a short-term, enthusiastic clinician with a good understanding of mental health and an interest in working directly with clients. Master's degree in social work or behavior's degree is related. Held with a minimum of one year experience working with patients with mental illness.

EOE

Only qualified applicants will receive a response. Send directly to: Human Resources, Washington County Mental Health, 100 Main St., Montpelier, VT 05602. (802) 223-8800 ext. 2040.



Prevent Child Abuse Vermont

Seeking an experienced Grant Writer. Successful candidates will have a proven track record, exceptional communication skills, both written and oral, high energy and dedication. A Bachelor's degree in marketing, communications or other appropriate area and a minimum of three years experience required. 40 hour position based out of our Montpelier office. Job open until filled. Send cover letter, resume and three references to:

SEARCH
PO Box 829
Montpelier, VT 05601
EOE

Warehouse

Warehouse leading, various job openings for a full-time position available in our busy shop programming division. Other's license and class driving record required. We offer an exceptional benefits package and great work environment. Apply in person. Monday thru Friday 10am-5pm



Best Title
1366 Marshall Ave
Williston, VT 05495

Howard Center for Human Services

Community Support Clinician

Full-time position available to support patients with psychiatric disorders in Chittenden County. Work as part of a multi-disciplinary team providing creative problem solving, advocacy, resource development, crisis management, counseling and crisis support. Direct services to clients located in the community. B.S. in Health's degree in human services field and experience with patients with serious and persistent mental illness preferred.

Please submit resume by January 14th to:

Thomas Papadakis
LICSW
100 Flynn Avenue
Burlington, VT 05401



Inclusivity with disabilities encouraged to apply
EOE/DFW

MorrisSwitzer Environments for Health

MorrisSwitzer Environments for Health seeks a Full-Time Office Assistant to ensure the smooth operation of our volunteer time, telephone and website. Duties include: reception, record processing, filing, filing, office supply maintenance, mail distribution, answer incoming and outgoing calls. The ideal candidate will be a team player with a minimum of 2 years in an administrative support role. Must have strong interpersonal communication skills, customer service skills, strong computer skills (MS Office preferred), and ability to handle multiple projects simultaneously. Knowledge of construction/architecture is desirable. Hours are 9 am to 5 pm.

We offer competitive salary & benefits, including medical and dental insurance. 401(k) plan, paid holidays/vacation, personal time and a stimulating, professional work environment.

Send letter and resume to:

Environments for Health
161 Talbot Rd., Williston, VT 05495
Fax: (802) 878-6500
E-mail: hr@environmentsforhealth.com
Visit us at www.environmentsforhealth.com

Willistonville Middle High School substitute the following openings for the 2004-2005 School Year

- Full-time Foreign Language (French and Spanish) Teacher
- Full-time High School Science (Physics and Chemistry) Teacher

Successful Candidates must have or be eligible for appropriate Vermont teaching licenses.

Interested individuals should submit their letter resume, three letters of reference, transcripts, and certification documentation to:

Robert Martin-Lewis, Principal
Willistonville Middle High School
120 Robert Road
Willistonville, VT 05497

Application Deadline is January 15, 2004
EOE



Development Director

Provide leadership for agency's fundraising program. Manage all aspects of fundraising including grant writing, annual giving, corporate and individual major gifts, events, memoranda. 5-6 years progressively responsible experience in nonprofit fund development, excellent communication skills both written and oral, with excellent organizational and interpersonal skills.

Office Manager

Provide reception, administrative support for staff and board; database management for long-term service sector relevant experience; knowledge of MS-Office (Word) excellent organizational and communication skills; HTML and network experience a plus; BA preferred.

RI, Spectrum Youth and Family Services
31 Riverside Avenue
Burlington, VT 05401
EOE



VERMONT
PUBLIC
TELEVISION
VTV

Master Control Operator

Vermont Public Television has an immediate opening for a Master Control Operator. Minimum 1+ years experience in broadcast or electronic field preferred. Computer hardware and software knowledge is required. Shift schedule includes nights and weekends.

Candidates should possess Associates degree in electronics or equivalent combination of education and experience.

Vermont Public Television offers a competitive salary and a comprehensive benefits package.

Please submit resume and cover letter by January 14th.

Vermont Public Television
Attn: Human Resources
300 Main Street
Colchester, VT 05445
EOE



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"I've been advertising with Seven Days since the beginning and it's helped put Julian's on the map. Seven Days fills a real niche in Vermont and helps me draw visitors from New England to St. Albans. When we were ready to launch our newest baby, the Bakery at Julian's, we again turned to Seven Days to get the word out. It's continue to advertise with Seven Days because I get creativity, fabulous service and great responses."

FRANKIE GALARDI
Owner, Julian's
Julian's Restaurant

7

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